



Lichen Sclerosus Association

Lichen Sclerosus (LS) is a chronic, non-infectious inflammation of the skin of the outer genital area. It is wide-spread, not very well known, and it is still very much a taboo subject. LS is not curable, but it is treatable. Symptoms include intense itching, a burning sensation, painful intercourse (tearing of the skin), scarring, white patches on the skin, and sometimes the sensation of urinary tract infections. Often these symptoms are, even by doctors, misdiagnosed over long periods of time, as recurring bacterial or yeast infections, rashes or herpes. Early diagnosis is very important. With the right treatment an almost symptom-free life is possible for most people affected.

Our association was set up by LS sufferers. It aims to support fellow sufferers by sharing experiences and by providing in-depth expertise. With sensitivity and in strict confidence we guide women, men and parents of affected children who turn to us for advice. Our association is active throughout Europe as well as overseas; we number more than 2000 members from over 18 countries.

Welcome!



www.lichensclerosus.ch
www.lichensclerosus.co.uk

Lichen Sclerosus Association

Founded in Switzerland
- active and represented
throughout Europe and overseas -

www.lichensclerosus.ch
www.lichensclerosus.co.uk

We offer:

- expert information and case studies
- therapy guidelines
- quality-assured discussion forums in German, English, Italian, French, Spanish and Portuguese
- an extensive, confidential and protected members-only area
- regular newsletters
- annual conventions with expert presentations on current topics
- networking (anonymous, if desired)
- self-help exchange groups (so far in Switzerland, Germany, Austria, and Luxembourg)
- hotline

We raise awareness in the Swiss and European press and among medical personnel at medical congresses and in official media bulletins.

We help create and promote expert groups, ensuring early recognition/diagnosis and appropriate treatment of LS sufferers according to the established European and British treatment guidelines.



"Julie and the seashells" - A book about LS, available in bookshops or through the association's bookshop (also in French, Italian and German)

contact us at office@lichensclerosus.ch